



# NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 29, Number 2

Summer 2022

## President's Message

And just like that summer has arrived! This first half of 2022 has certainly flown by!

We held our first "hybrid" State Board meeting at the end of April. While a few officers were actually able to gather in person in Syracuse due to their work demands, others joined virtually for either all or parts of the



meeting. It was good to meet and/or see people after the last couple of stress-filled years where we were limited to virtual connection. Prior to COVID our spring board meeting took place over two days, providing an opportunity for board members to socialize in the evening. This spring we managed to compress the meeting and cover a great deal in a single day. We understand the need, especially for new officers, to connect with others, but also recognize the overwhelming work load amid all the staffing shortages.

From my role as the Standing Rules and Bylaws chair, we voted on changes in the Standing Rules to implement the process for Zones to request funds for educational activities. Please reach out to [information@nysidddna.org](mailto:information@nysidddna.org) for access to the "Zone Expenditure Report – Reimbursement Request" form if your Zone is looking for funds for local educational activities. Guidelines are in place for what the Association's funds can be used for. A committee was formed to review the new process to ensure Association funds are equitably distributed to our membership.

Since we have eliminated the Zone Treasurer position, if you are currently serving as a Zone Treasurer, PLEASE consider volunteering as a Zone Co-chair to help schedule / host local educational activities throughout the year, or as a Zone Representative to the State Board, or as the Zone

Secretary to keep meeting minutes. Educational activities at the Zone level provide connection and mentorship to nurses who are new to this practice area. Newsletter reports from the Zones provide ideas for other Zones around presentation topics and connections with speakers. These functions are vital to the Association.

*Zone Officers:* Please mark your calendars for our virtual fall State Board meeting on December 2, 2022 from 8:30 AM to 12:30 PM.

Be on the lookout for those confirmed revisions to the Standing Rules as well as recommendations for Bylaws revisions in your email. Please review the proposed changes to the Bylaws before the Annual Conference in preparation for full membership vote at our Annual Meeting during the conference.

NYS was well represented with nurses attending the DDNA national conference in San Antonio. The enthusiasm for gathering in person after two years was palpable even though DDNA anticipated fewer attendance numbers and ended up having to close their conference registration early. Let's hope these are positive signs for our conference attendance this October. We will offer a reduced fee early bird conference registration. CEUs will be offered. Many thanks to Edie Smith for offering her time and expertise for the CEU application process.

If you will be a "first time" attendee for our conference, let us know. We will do our best to connect you with other attendees, especially those members within your Zone. Those of us who attended the DDNA conference also made many contacts with vendors/exhibitors who have committed to coming to our fall conference with information about new products.

We hope to host webinars throughout the year, so continue to watch for additional Zoom offerings.

Have a wonderful summer!

Mary Jean Keegan, RN, CDDN  
NYSIDDDNA President, [mjkeegan74@gmail.com](mailto:mjkeegan74@gmail.com)  
or [mkeegan@wildwoodprograms.org](mailto:mkeegan@wildwoodprograms.org)

*The New York State Intellectual Disabilities/Developmental Disabilities Nurses Association (NYSIDDDNA) was founded to promote Intellectual and Developmental Disabilities Nursing as a specialty area of practice. The Association continues to support its members' activities in nursing law, education, research, and practice.*

## Membership Committee Update

It does not seem possible that we are in the second half of the year already! Time certainly does seem to fly!

If you have not renewed your membership for this year, please take a moment to do so. Membership dues are \$50 and can be paid by check or through PayPal. We continue to offer an associate membership at a reduced rate for full or part-time RN/LPN student nurses and nurses who are inactive (retired or unemployed).

The membership application is on our website under the “Join NYSIDDDNA” tab. ([www.nysiddna.org](http://www.nysiddna.org)) You will find the membership application and the link to PayPal in the lower right side of the screen. Please be sure to send in your membership application along with your check. If you are paying by PayPal, please email or mail the application to the NYSIDDDNA Planning Manager separately. The information requested on the membership application is needed to set you up correctly on our membership spreadsheet.

Please keep in mind that an important benefit of membership is the reduced rate for the Annual Conference registration. We are so excited about returning to an in-person conference this year! You must be a member by **July 15<sup>th</sup>** to take advantage of the reduced rate.

Please reach out to your nursing colleagues who are not members and plan to attend the conference. Becoming a member by July 15 will be beneficial to them. The Annual Conference is a terrific venue for learning and for networking with colleagues!

We continue to face challenges in our field. Some are unlike any we have ever seen. Some of the changes in how we deliver service are likely here to stay. Learning from each other and participating in opportunities provided by the Association at the zone and state-wide level is so important.

We are currently 136 members strong! Of this number, 119 were members in 2021 and have renewed their membership for 2022. We have 17 new members who joined NYSIDDDNA in the past six months. See the list of new members on page 10.

We welcome our new members and look forward to a long relationship with you! Please encourage other nurses that you know are in the field to join us!

*Cathy Engel, BSN, RN, CDDN  
Membership Committee Chairperson  
cengel@intandem.org*

## A Message From Our President

Thank you to all the amazing nurses who volunteer their time and energy to keep this Association afloat. This Association would not be able to provide what we do without the incredibly dedicated commitment of individual nurses rising to the challenge.

*Mary Jean Keegan, RN, CDDN  
NYSIDDDNA President, mjkeegan74@gmail.com  
or mkeegan@wildwoodprograms.org*

## DDNA Update

DDNA celebrates its 30-year anniversary and remembers the group of nurses who supported individuals with developmental disabilities and met in Buffalo, NY to discuss the idea of a national organization.

The commitment for “advocacy, education and support for nurses who provided services to persons with developmental disabilities,” as well as the development of a goal to “foster the growth of nursing knowledge and expertise about optimal care of persons with DD, thereby improving their care, services and quality of life,” were a result of those important discussions and continue today.

DDNA now has over 1000 members with many participating in activities to further the mission to “educate, empower, and advocate for nurses practicing in the specialty of developmental disabilities nursing.”

Members of the DDNA Research Council developed a survey related to the COVID-19 experiences of DDNA members with the results published in three peer-reviewed journals.

The members of the DDNA Practice Council developed a DD nursing professional practice model and a 3<sup>rd</sup> edition of the Practice Standards of Developmental Disability Nursing. The Practice Council will soon release a revised position paper on medication management along with a new companion document with best practice guidelines.

DDNA has also launched the monthly “DD Nursing E-News” newsletter and a new monthly “Webinar Wednesday” event to create more learning opportunities for members.

For more information on DDNA membership and learning opportunities, please visit <https://ddna.org>

*Prepared by Cathy Engel, BSN, RN, CDDN  
cengel@intandem.org*

## From the Conference Planning Chair

The conference continues to move full speed ahead. Our speakers, sponsors, and vendors are aligning very nicely.

The committee continues to meet and refine opportunities to ensure a quality, well attended event at a great price point. At its recent meeting, the Board approved the registration fees. We will offer member and non-member rates, as well as Early Bird and Regular rates.

The best rate (\$290) will be the Member / Early Bird rate. You need to be a member by July 15 to receive the member rate. Register by August 15 to receive the Early Bird rate. One day registration fees will also be available. The registration fees will be posted on the NYSIDDDNA website. See the fees on the registration form on Page 11 of this newsletter.

Thank you to Edie Smith for offering to serve as the Nurse Planner for our CEU application. As a result, we will be submitting an application for CEU credits.

We have made revisions to the “basket raffle” offered from each Zone, have plotted in some fun and socialization, and packed our itinerary. You won’t want to miss this event, so mark your calendars for October 17-18 and start planning to join us at the Albany Marriott. We are looking forward to seeing new and familiar faces finally able to come together as a NYSIDDDNA networking family.

*Linda M. Cultrara., Conference Planning Chair*  
Linda.m.cultrara.@opwdd.ny.gov

### Save the Date

#### NYSIDDDNA 2022 Annual Conference

October 17-18, 2022 | Albany Marriott

*For conference updates, see pages 8, 9, & 11.*

## Not Sure if You are a 2022 Member?

Write to [information@nysiddna.org](mailto:information@nysiddna.org) to check. If you were a member in 2021 and have not renewed your membership, you should have received email reminders about renewing your membership for 2022.

If you receive a reminder email and think you already renewed your membership, please write to our Planning Manager at [information@nysiddna.org](mailto:information@nysiddna.org) and ask to confirm your membership status.

## Introducing Our Scholarship Winner

We are pleased to introduce **Verina Waldner**, who was recently awarded the 2022 NYSIDDDNA Scholarship.



The Scholarship Committee was impressed with Verina’s commitment to her work and to her studies. Verina chose to study at Onondaga Community College in Syracuse, so she could continue her full-time employment at L’Arche Syracuse.

Verina’s passion for working in the ID/DD field was clear and compelling.

As our scholarship recipient, Verina is receiving a one year complimentary membership in the NYS ID/DD Nurses Association.

Let’s welcome Verina to NYSIDDDNA & Zone 2.

## NYSIDDDNA 2022 State Officers

Your 2022 Board of Directors includes:

- Mary Jean Keegan, President
- Linda Cultrara, President Elect
- Pat Ruckel, Recording Secretary
- Martin Gleeson, Corresponding Secretary
- Karen Jarvis, Treasurer

Thank you to our elected officers, our committee chairpersons, and officers in each zone for their outstanding leadership and their commitment to NYSIDDDNA.

## From Your Planning Manager

This has been a busy year. Plans for the 2022 Annual Conference are moving along well. We are looking forward to being in-person again. I visited the Albany Marriott recently. I was impressed with the hotel. It will fit our needs perfectly.

This will be my first in-person Annual Conference. I am looking forward to meeting you in Albany in October. I feel like I already know many of you through our zoom calls. Now, I am ready for the next step—meeting you in person. Please let me know if there are ways I can be of help to you.

*Linda Dudman, Planning Manager*  
[information@nysiddna.org](mailto:information@nysiddna.org)

## Seeking Nominations

### For NYSIDDDNA State Officer Positions

We are seeking nominations for the positions of Treasurer and Corresponding Secretary. The term for these positions is two years, with the term beginning January 1, 2023. These elected officers serve as members of the Board of Directors for the Association.

If you would like to recommend candidates for one or both of these positions, please send your recommendations and brief statement of support by email to [information@nysiddna.org](mailto:information@nysiddna.org) by **Friday, July 15**.

Self-nominations are welcome—and encouraged.

Your statement of support should include your name and relationship to the person you are recommending. Providing information about the person's work experience and their NYSIDDDNA experience will be helpful to the Nominating Committee.

Recommendations of nominees will be reviewed by the Nominating Committee, which includes Carol Krueger, Chairperson, and at least two members at large who are appointed by the Nominating Committee Chairperson.

### Descriptions of the Open Positions:

#### Treasurer:

- Has responsibility for the care and custody of all funds of the Corporation.
- Signs all checks.
- Makes an annual financial report to the membership.
- Reviews Zone Expenditure Reports/Requests.

#### Corresponding Secretary:

- Is responsible for the correspondence of the NYS ID/DD Nurses Association.
- Solicits articles for the newsletters and works with the NYSIDDDNA Planning Manager to finalize each issue.

## About the Elections

The election of our new officers will take place this fall. You will receive the ballot and statements from the candidates six weeks prior to the Annual Meeting, which will take place on Tuesday, October 18 at the Annual Conference. You can submit your ballot by mail or email, or you can cast your vote at the Annual Conference. *Note:* You must be a 2022 member by July 1 to vote in the election.

## NYSIDDDNA Website

[www.nysiddna.org](http://www.nysiddna.org)

Conference material (i.e., registration form, master schedule, list of programs, hotel reservation information, and more) will be posted on the website by mid-June.

The Joyce Binder Award nomination form can also be found on the website. This award is given to a nurse who has made a significant contribution to advancing the practice of supporting individuals with ID/DD. Think of who would be deserving of this award as embodying what we look for in an ID/DD nurse. For more about this award, see page 5. On the website, you will also find links to resources useful to NYSIDDDNA members.

New material can be added to the website by Trish Potocar at [papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org) or Linda Dudman at [information@nysiddna.org](mailto:information@nysiddna.org).

*Submitted by Trish Potocar, RN, Website Chairperson, [papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org)*

## NYSIDDDNA Social Media

### NY State ID/DD Nurses Association

Facebook is an addition to our other ways of keeping in touch. You can do a search or go to our website and click on the “f” on the homepage. It will take you directly to our Facebook page.

Visit the Facebook page and do a “like” and the feed will be connected to your personal Facebook page. Share a thought or a concern with the group.

You can send news and/or photos to Trish Potocar at [papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org) or Karen Jarvis at [kejarvis@thearcjslc.org](mailto:kejarvis@thearcjslc.org).

For twitter and LinkedIn accounts contact Tara Sandford-Briggs at [tsandford@cwinc.org](mailto:tsandford@cwinc.org)

*Submitted by Trish Potocar, RN, Website Chairperson, [papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org)*

### For Information about NYSIDDDNA

- **Website:** [www.nysiddna.org](http://www.nysiddna.org)
- **Email:** [information@nysiddna.org](mailto:information@nysiddna.org)
- **LinkedIn:** <https://www.linkedin.com/in/newyork-state-idd-nurses-association-4618b691/>

## Renewing Your Membership

The 2022 membership year began on April 1, 2022. If you have not renewed your membership, now is a good time to do so. It is also a good time to encourage your colleagues who are not currently members to join NYSIDDDNA for 2022.

The annual membership fee is \$50. An associate membership (\$30) is available for full time nursing students and inactive nurses (unemployed or retired).

### To Renew Your Membership or to Become a New Member:

- Complete the membership application. The application is under the “Join NYSIDDDNA” tab on the NYSIDDDNA website ([www.nysiddna.org](http://www.nysiddna.org))
- Pay by check or by PayPal. Make checks payable to NYSIDDDNA. Links to pay by PayPal are on the website. If paying by PayPal, *please* email or mail your membership application in addition to making your payment.
- Send the membership application and payment to Linda Dudman, NYSIDDDNA Planning Manager, by mail or email. If you are paying by PayPal, please note this on your application form.

The mailing address is on the application form. If your check is being sent by your agency, please be sure they have the correct address. The address is NYSIDDDNA, Box 25832, Rochester, NY 14625. Your membership card will be mailed to you within a week or two after receipt.

**Not sure if you renewed your membership for 2022?** Email [information@nysiddna.org](mailto:information@nysiddna.org) to check.

### Benefits of Membership

- Receive the member registration rate for the Annual Conference.
- Engage in networking with colleagues at zone meetings, the Annual Conference, and online.
- Participate in continuing education opportunities at zone meetings, the Annual Conference, and through virtual webinars to ensure continued competency.
- Receive support from other nurses who have a wide range of expertise and experience.
- Assume leadership roles at the zone and the state level.
- Learn about the latest advances and updates in the field.

## Joyce Binder Memorial Award

*Do you have a colleague you would like to recognize? If your answer is YES, then ...*

**Consider nominating your colleague for the Joyce Binder Memorial Award for 2022.**

Every year, a member of our Association is chosen to receive the Joyce Binder Memorial Award. This award is named in honor of Joyce Binder, one of our own who made outstanding contributions to the field of ID/DD and to the individuals she served throughout her career.

The NYS ID/DD Nurses Association has chosen to honor Joyce’s memory with this award that is given to an Association member who has made significant contributions to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassion, advocacy, mentoring, leadership, dedication, and education/research.

You all have the opportunity to recognize an outstanding colleague by submitting a nomination for the Joyce Binder Memorial Award for 2022.

**NOMINATION DEADLINE: August 31.**

**TO NOMINATE A CANDIDATE:** Use the nomination form that is available in the Awards section of the website ([www.nysiddna.org](http://www.nysiddna.org)) or send the requested information in an email to [information@nysiddna.org](mailto:information@nysiddna.org). You are asked to describe how the nurse you are nominating:

- has/will change the quality of life and has made a positive impact for the people he/she supports.
- demonstrates attributes of caring and compassion, advocacy, mentoring, leadership, dedication, and education/research (in at least 150 words)

You will also be asked to provide a brief statement describing your candidate’s experience in the ID/DD field.

All candidates must be members of NYSIDDDNA by August 1, 2022. If you are not sure if your candidate is a current member of NYSIDDDNA, you can ask your nominee or you can check with Linda Dudman, NYSIDDDNA Planning Manager, by emailing [information@nysiddna.org](mailto:information@nysiddna.org).

**SEND YOUR NOMINATION TO:**  
NYS ID/DD Nurses Association  
Box 25832, Rochester, New York 14625

**OR email your nomination to:**  
[information@nysiddna.org](mailto:information@nysiddna.org)

## Zone Reports

### **ZONE 1: St. Lawrence, Franklin, Clinton and Essex Counties**

Board members from Zone 1 attended the April meeting in Syracuse. We are changing into the new procedure for Zone funds where funds are held by the State treasury and dispensed as needed. You can note that we now have a zone secretary but not a zone treasurer as financial reports will not be required from the zone.

We have some new members who are willing to take on Zone positions. We welcome Joanne Carkner as Co-chairperson and Leanne Snyder as Zone 1 Representative. We have been discussing topics and venues for meetings. We would welcome any suggestions for either.

For those who are new—Zone 1 includes St. Lawrence, Franklin, Clinton, and Essex counties.

You can contact us at:

- Trish Potocar [papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org)  
315-353-6618
- Joanne Carkner [jmcarckner@thearcjslc.org](mailto:jmcarckner@thearcjslc.org)  
315-353-6618
- Karen Jarvis [kejarvis@thearcjslc.org](mailto:kejarvis@thearcjslc.org)  
315-353-6618

*Trish Potocar, Zone 1 Co-Chairperson*  
[papotocar@thearcjslc.org](mailto:papotocar@thearcjslc.org) |

### **ZONE 2: Jefferson, Lewis, Oswego, Oneida, Onondaga, Madison, and Herkimer**

Zone 2 is planning a Zone Meeting on June 24th at 1:00 pm. We will send out additional information. Contact Iellan or Melissa for any questions.

*Melissa Britton, Zone 2 Chairperson*  
[mbritton@liberty-resources.org](mailto:mbritton@liberty-resources.org)  
*Iellan Rice, Secretary*, [irice@elmcrest.org](mailto:irice@elmcrest.org)

### **ZONE 3: Hamilton, Fulton, Washington, Warren, and Saratoga Counties**

We hope everyone has a safe and enjoyable summer. Zone 3 is always seeking new members. If you have colleagues in our zone you think would be interested in NYSIDDDNA, please encourage them to become a member. As an added benefit of becoming members of Zone 3, they will also be able to register for our Annual Conference at the member rate if they join by July 15.

*Sean Casey and Tara Sanford-Briggs*  
*Zone 3 Co-Chairpersons*  
[scasey@caparcny.org](mailto:scasey@caparcny.org) / [tsandford@cwinc.org](mailto:tsandford@cwinc.org)

### **ZONE 4: Albany, Montgomery, Schoharie, Schenectady, Otsego, Delaware, Greene, Rensselaer, and Columbia**

Our Zone members and colleagues connected via Zoom for a presentation from Harsh Kothari, Pharm D. from Capital Regional Pharmacy Services, on Diabetes Oral Medication. Members appreciated the opportunity to fulfill our yearly diabetes education requirement with this format. Dr. Kothari was well received and offered to provide further sessions in the future. In June or July, we will be having our next educational opportunity. It will be either in person or through Zoom and hosted by Springbrook.

*Cindy Pross, Zone 4 Secretary*  
[Cynthia.pross@justicecenter.ny.gov](mailto:Cynthia.pross@justicecenter.ny.gov)

### **ZONE 5: Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland, and Westchester**

We are looking for members who would like to join us as officers for Zone 5. If you are interested, please email us. Being a zone officer is a great way to get involved in NYSIDDDNA. In addition to getting to know your zone members, you will also get to know members from other parts of the state through your participation at NYSIDDDNA Board meetings.

*Sandra Mellion, Zone 5 Representative,*  
[smellion@campventure.org](mailto:smellion@campventure.org)  
*Joy Fojtlin, Secretary*, [joyann56@aol.com](mailto:joyann56@aol.com)

### **ZONE 6: Nassau and Suffolk Counties**

Hi, Zone 6 members. As we climb out of the cold winter climate, we embrace the upcoming summer months. Our zone has been pretty quiet as we all try to deal with and overcome the Covid outbreaks as well as all other life's challenges.

We are looking for anyone interested in being part of the Zone officers since there is only myself at present. Since the Zone Treasurer position has been eliminated and with Patty Brunetti no longer involved, I have assumed the position of Chairperson. Please let me know if you are interested as I would like to get the zone back up and running this year with meetings and look forward to help. Thanks, and happy summer to all!

Just a reminder that the NYSIDDDNA 2022 Annual Conference is being held in person at the Albany Marriott October 17-18. See pages 8, 9, and 11 for further details.

*Pat Ruckel, Zone 6 Chairperson*  
[pruckel@phpcares.org](mailto:pruckel@phpcares.org)

## Zone Reports (cont'd)

### **ZONE 7: New York, Richmond, King & Queens**

I look forward to meeting Zone 7 members. Please reach out to me to say hello and whenever you have questions.

*Asuncion Muyalde, Zone 7 Co-Chairperson,  
amuyalde@sinergiany.org*

### **ZONE 8: Niagara, Orleans, Genesee, Wyoming, and Erie Counties**

Zone 8 was able to complete an in-person meeting and lunch sponsored by Sunovion. It was nice to see those familiar faces again, even if slightly “distanced.” We anticipate our next meeting to be in July once a speaker is identified. We are working on ways to meet both in person and virtually as our “technological” skills allow. We did discuss the conference in Albany which we are hoping to see our members at as well!

*Linda M. Cultrara, Zone 8 Secretary  
Linda.m.cultrara.@opwdd.ny.gov*

### **ZONE 9: Chautauqua, Cattaraugus, Steuben, and Allegany**

### **ZONE 11: Monroe, Wayne, Ontario, Yates, Cayuga, Seneca, and Livingston**

Zone 9 & 11 plans to resume in-person meetings with a zoom component for 2023 to benefit all members. We have held online meetings and decreased the number of yearly meetings due to the Covid pandemic and restricted guidelines. The association webinars have helped to bridge the gap for decreased zone meetings. We are looking forward to being in-person at our annual education conference this fall.

We are currently looking for zone members who are interested in being an officer. Zone Chair is vacant since MaryEllen Stammersky has retired from nursing practice and resigned. We are always looking for members to participate with zone meetings/ suggestions for topics. Anyone interested, please contact [edie.smith@cayuga-cc.edu](mailto:edie.smith@cayuga-cc.edu)

*Eddie Smith, Zone 9 & 11 Secretary,  
Eddie.smith@cayuga-cc.edu*

### **ZONE 10: Schuyler, Tompkins, Cortland, Tioga, Chenango, Broome, and Chemung**

If you would like to become a zone officer for Zone 10, please write to [information@nysiddna.org](mailto:information@nysiddna.org) to let us know. Members in Zone 10 are always welcome to reach out to another zone to join them for educational presentations and networking opportunities.

### **ZONE 12: Members from Other States**

We appreciate your interest in NYSIDDDNA and want you to feel welcome. You can reach out to another zone to ask to be invited to their educational presentations and networking opportunities.

Zone 12 members, if you have colleagues who would like to join NYSIDDDNA, please let them know they are welcome to become members. If they join by July 15, they will be eligible for the member registration rate for our Annual Conference that will be held October 17-18 at the Albany Marriott.

## Important Dates to Remember

July 1	Must be a member to vote in October
July 15	Must be a member for member rate at the Annual Conference
July 15	Nominations due for elections
Aug. 15	Early Bird rate available until 8/15
Aug. 31	Nominations due for the Joyce Binder Memorial Award (nominees must be members of NYSIDDDNA by 8/1)
Sept. 29	Last day for conference hotel rate
Oct. 7	Last day for refunds if cancel conference registration
Oct. 17	First day of the Annual Conference. The Keynote begins at 9:15 a.m.
Oct. 18	Second day of the Annual Conference. The Annual Meeting for all attendees begins at 8:15 a.m. following breakfast, which will be served at 7:30 a.m. The conference ends at 2:45 after the Capstone Presentation.

### **TO CONTACT NYSIDDDNA**

**By Mail:** Box 25832, Rochester, NY 14625

**By Email:** [information@nysiddna.org](mailto:information@nysiddna.org)

*Please Note:* If you are not receiving email messages from the NYSIDDDNA Planning Manager, please send an email message to [information@nysiddna.org](mailto:information@nysiddna.org) to let us know.

The Conference Planning Committee has made excellent progress planning our return to an in-person conference. The Annual Conference will be held October 17-18, 2022 at the Albany Marriott.

The conference this year is slightly shorter than in previous years. We decided to host a two day conference for two reasons. We wanted to reduce the amount of time attendees will need to be away from their work place, and we wanted to keep the cost affordable for our attendees. We believe we have accomplished both goals.

We will be updating the website by mid June with information about the Annual Conference. This information will include the master schedule, the list of programs, registration fees, the registration form, and the hotel reservation details.

**The Conference-At-A-Glance:**

Our first program, the Keynote Presentation will begin at 9:15 a.m. on Monday, October 17. We have a full day scheduled with the keynote, three sets of concurrent sessions, our Opening Lunch, and time to visit with the exhibitors in the morning and afternoon. Dinner will be on your own on Monday evening. For those of you arriving at the hotel before 9:15 on Monday morning, we will have coffee, tea, and some light refreshments.

Tuesday will begin early with breakfast served at 7:30. Our Annual Meeting will begin at 8:15. The Annual Meeting is for all attendees. We will have two sets of concurrent sessions, with time to visit the exhibitors during a morning break. The last session will be our Capstone presentation and will feature updates given by Susan Prendergast, Director of Nursing and Health Services, NYS OPWDD. The conference will end at 2:45 after the conclusion of the Capstone presentation.

**Reserving Your Hotel Room:**

You can reserve your hotel room at any time. The conference rate of \$129 (plus 14% tax) for a single or double is available through **Thursday, September 29**. Conference room rates are available on the nights of October 16 and 17.

Call **800-443-8952 or 518-458-8444** to reserve your room. Ask for the NYS ID/DD Nurses Association room block. If you prefer, you can register online using the link that will be posted on our website in mid-June. The room block may sell out prior to September 29, so reserve your room early.

*Please Note:* Hotel rooms are not included in the conference registration fee.

**Registration Fees:**

Full 2 Day	Early Bird	Regular
<b>Oct. 17 &amp; 18</b>	<i>By 8/15/22</i>	<i>After 8/15/22</i>
Member	\$290	\$315
Non-member	\$355	\$380
1 Day Rate	Early Bird	Regular
<b>Oct. 17 OR 18</b>	<i>By 8/15/22</i>	<i>After 8/15/22</i>
Member	\$165	\$175
Non-member	\$185	\$200

To register at the member rate, you must be a 2022 member by July 15, 2022. The Early Bird rate is available for members and non-members through August 15, 2022. *Please Note:* DDNA membership does not qualify for the member rate.

The registration fee includes the Opening Lunch on Monday and breakfast and lunch on Tuesday. If you are registering for one day, the registration fee includes the meal(s) on that day.

When you register, you will be asked to indicate your first and second choice for each concurrent session. We will do our best to assign you your first choice. Assignments will be made on a first come, first served basis. Registering early is recommended to receive your first choice.

**Paying Your Registration Fee:**

If paying by check, please make the check payable to NYS ID/DD Nurses Association. Send your check with the registration form to NYSIDDDNA, P.O. Box 25832, Rochester, NY 14625.

If you prefer to pay your registration fee through PayPal, you will be able to do so. The link will be available on the website in mid-June. When paying by PayPal, you will be assessed an additional fee to cover the cost of the service through PayPal. When paying by PayPal, be sure to mail or email your registration form to [information@nysiddna.org](mailto:information@nysiddna.org). Note on your form that you are paying by PayPal.

*Please Note:* We cannot accept payment by credit card. We also cannot complete your registration by phone. We are unable to give refunds for registration cancellations made after 5:00 p.m. on Oct. 7.

**Questions about Registration:**

If you have questions, please send an email to: [information@nysiddna.org](mailto:information@nysiddna.org) for assistance.



## Introducing Our Keynote Presenter



We are pleased to introduce our keynote speaker, Dr. Lise Deguire. Dr. Deguire will present the Keynote Presentation at our NYSIDDDNA 2022 Annual Conference.

Her presentation, *Finding and Cultivating Your Resilience*, will be held on Monday, October 17 from 9:15 to 10:30.

Dr. Lise Deguire is a clinical psychologist, author, and burn survivor. After being severely burned as a four year old, she spent much of her childhood in the hospital, undergoing countless surgical procedures. Dr. Deguire is the author of her multiple award-winning book, *Flashback Girl: Lessons on Resilience from a Burn Survivor*.

Dr. Deguire attended Tufts University, graduating summa cum laude, Phi Beta Kappa. She earned her doctorate in clinical psychology from Widener University and is in solo practice in New Jersey.

Dr. Deguire has appeared on NPR, NBC, ABC, FOX, and Sirius XM. She is a national keynote speaker and has presented for The World Burn Congress, The Security and Exchange Commission, The American Burn Association, and the New Jersey Psychological Association. She writes for *Psychology Today*, and has been featured in *Thrive Global*, *Tiny Buddha*, and *The Elephant Journal*. Dr. Deguire blogs regularly about psychological resilience. Connect with her on LiseDeguire.com, Facebook, Twitter, Instagram and LinkedIn.

## Annual Conference Programs

### MONDAY, OCTOBER 17

#### 9:15-10:30 Keynote Presentation

- Finding and Cultivating Your Resilience, *Lise Deguire, Psy.D., Psychologist, Private Practice*

#### 11:15-12:30 Concurrent Sessions, MON-1

- Dementia and ID/DD, *Fred Wetzel, RN, PhD, Certified Dementia Practitioner and Board-Certified Counselor*
- Complications of Diabetes in Those with Intellectual & Developmental Disabilities, *Nanette Wrobel, RPh, Clinical Advisor and Educator, Tarrytown Expocare Pharmacy*

## Annual Conference Programs (cont'd)

### 2:00-3:15 Concurrent Sessions, MON-2

- Depression and Anxiety in the Primary Care Setting, *Anne Payette, RN, BSN, MSN-Ed, FNP-BC, Family Nurse Practitioner*
- Drug Induced Movement Disorders, *Anne Marie Desmond, PhD, Neurocrine Biosciences*

### 4:00-5:15 Concurrent Sessions, MON-3

- Autism—History and Features of the Diagnosis, *Jill Hamilton, PhD, Licensed Psychologist, OPWDD Regional Office*
- Panel Discussion—Essential Areas of Practice for ID/DD Nurses, *Linda Cultrara, RN; Fred Wetzel, RN, PhD; Karen Jarvis, RN; Karen Bazan, RN*

## TUESDAY, OCTOBER 18

### 9:15-10:30 Concurrent Sessions, TUE-4

- Autism—Treatment Models and Ideas for Dealing with Day-to-Day Issues, *Jill Hamilton, PhD, Licensed Psychologist, OPWDD Regional Office*
- Lab Interpretation for ID/DD, *Anne Payette, RN, BSN, MSN-Ed, FNP-BC, Family Nurse Practitioner*
- Sepsis in the Community: Early Identification & Infection Prevention Protocols, *Sara Butterfield, RN, BSN, CCM, CPHQ, and Melanie Ronda, MSN, RN, IPRO*

### 11:15-12:30 Concurrent Sessions, TUE-5

- Decisions by Legally Authorized Surrogates to Withhold or Withdraw Life Sustaining Treatment for Patients with Intellectual and Other Developmental Disabilities in NYS, *Sheila E. Shea, JD, Director; Laura Bevacqua, Principal Attorney; and Susan Lettis, Associate Attorney, Mental Hygiene Legal Service*
- Overview of the Surrogate Decision-Making Committee (SDMC) Program, *Stephanie Deyo, BS, LMSW and Annette Kasenko, RN; NYS Justice Center for the Protection of People with Special Needs*
- Managing Pandemic Related Health Care Disruption for People with IDD, *Lorene Reagan RN, MS, IntellectAbility*

### 1:45-2:45 Capstone Presentation

- OPWDD UPDATE – With Susan Prendergast, Susan Prendergast, RN, BS, Director of Nursing and Health Services, NYS OPWDD

## How to Get Involved in NYSIDDDNA

Whether you are a new member or a renewing member, you might be thinking you would like to get more involved with NYSIDDDNA. Getting involved can provide you with many opportunities to get to know colleagues in your zone and from across the state.

Here are some ways to get involved:

- *Start at the zone level.* Your zone is listed on the membership card you received in the mail. You can also check the zone map below. You can contact the officer(s) in your zone and let them know you are interested in becoming a zone officer or getting involved in another way.
- *Nominate yourself to run for one of the open state positions.* Self-nominations are welcome and encouraged. See the article about nominations on Page 4.
- *Let Mary Jean, NYSIDDDNA President, know you are interested in getting involved.* You might be tapped to become a member of the Conference Planning Committee, the Scholarship Committee, the Nominating Committee, or another committee.
- *Offer to help at the Annual Conference.* We will be asking for volunteers to introduce speakers, to welcome the exhibitors and help them get settled, to help with our AV equipment needs, and more. Helping at the Annual Conference can be a good way to take a first step at getting involved with NYSIDDDNA.

### Not sure where to start?

Write to our Planning Manager at [information@nysiddna.org](mailto:information@nysiddna.org) to explore opportunities.

## Do You Know Your Zone?

The NYS ID/DD Nurses Association has 12 zones, as you will see on this zone map.

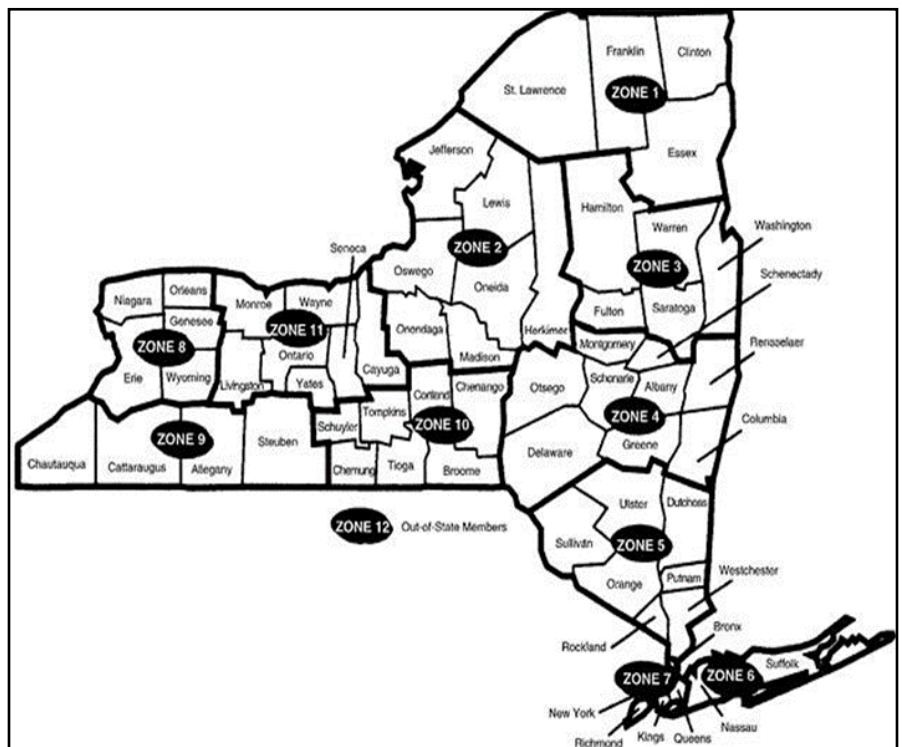
To find your zone, look for your county on this map of New York State. *Note:* Zones 9 and 11 are combined into one zone. Members from outside NYS are members of Zone 12.

You will find your zone listed on the membership card that you received when you became a new member or renewed your membership.

## Welcome to Our New Members

Please help us in welcoming our new members who are listed below. These new members joined NYSIDDDNA within the past six months.

1. Danielle Burlew (11)
2. Jennifer Carey (Zone 11)
3. Joanne Carkner (Zone 1)
4. Jessica Diaz (Zone 5)
5. Christina Domicello (Zone 11)
6. Akintayo Fadoju (Zone 7)
7. Krystal Gramstad (Zone 4)
8. Sandra Hamilton (Zone 11)
9. Diane Klimasewski (Zone 11)
10. Karen Lopresti (5)
11. Jennifer Purcell (Zone 11)
12. Tabitha Purcell (Zone 4)
13. Hunter Shoemaker (Zone 11)
14. Leanne Snyder (Zone 1)
15. Verina Waldner (Zone 2)
16. Kristin Wolf (Zone 8)
17. Denise Yannes (Zone 4)



# NYS ID/DD Nurses Association

## 36<sup>th</sup> ANNUAL CONFERENCE

October 17-18, 2022 | Albany Marriott

Name:	Zone #: [if known]	Date:
Email:		Is this your first time attending a NYSIDDDNA Annual Conference?
Employer:		<input type="checkbox"/> YES <input type="checkbox"/> NO
<input type="checkbox"/> RN <input type="checkbox"/> LPN <input type="checkbox"/> NP <input type="checkbox"/> Other / Specify:		

**PLEASE FOLLOW THESE STEPS:** 1. Choose the appropriate registration fee. 2. Let us know about your meals. You need to make a meal selection for Monday's lunch. 3. Reserve your hotel room. 4. Indicate your 1<sup>st</sup> & 2<sup>nd</sup> choices for the Concurrent Sessions.

**\*\*\* Send your registration form and payment (payable to NYSIDDDNA) to NYSIDDDNA, Box 25832, Rochester, NY 14625. \*\*\***

**REGISTRATION FEE:** You must be a NYSIDDDNA member by July 15, 2022 for the member rate.

**MEALS:** Check **YES** or **NO** to let us know if you will join us for the meals on the days you will be attending the conference. The meals listed here are included with your registration fee.

2 Day Conference October 17 & 18	Early Bird By 8/15/22	Regular After 8/15/22
Member (by 7/15/22)	\$290	\$315
Non-Member	\$355	\$380
1 Day Rate Oct. 17 OR Oct. 18	Early Bird By 8/15/22	Regular After 8/15/22
Member (by 7/15/22)	\$165	\$175
Non-Member	\$185	\$200
<b>If 1 Day Rate: Enter day attending.</b>		

<b>Monday, Oct. 17</b>	Lunch	ATTENDING?	<input type="checkbox"/> YES <input type="checkbox"/> NO
	<b>MAKE A MEAL CHOICE:</b> Chicken, Salmon, or Vegetarian		
<b>Tuesday, Oct. 18</b>	Break-fast	ATTENDING?	<input type="checkbox"/> YES <input type="checkbox"/> NO
	Lunch	ATTENDING?	<input type="checkbox"/> YES <input type="checkbox"/> NO

**HOTEL ROOM:** Reserve your hotel room by **September 29** to receive conference room rates on October 16 & 17.

To reserve your room, call **800-443-8952** or **518-458-8444**. Ask for the NYS ID/DD Nurses Association room block. If you prefer, register online using the link on the NYSIDDDNA website.

The room rate is \$129 plus tax (currently 14%) for a single or double. The room block may sell out prior to September 29, so reserve your room early.

**REGISTRATION CANCELLATION POLICY:** No refunds will be given for registration cancellations after 5:00 p.m. on Friday, October 7.

**NYSIDDDNA Federal ID #: 22-2570251**

<b>ENTER REGISTRATION FEE HERE</b>	\$
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**If paying by PayPal:** On the website, click on the Annual Conference tab. The link to PayPal will be posted on the website in mid-June. Send your registration form by mail or email. Note that you are paying by PayPal.

**PROGRAM SELECTIONS FOR CONCURRENT SESSIONS:** Indicate your first & second choices for each time period. We will do our best to assign you to your first choice. You will receive your list of programs prior to the conference and with your name tag.

ENTER THE PROGRAM NUMBER (e.g., 3.2) FOR YOUR 1st AND 2nd CHOICES.				1st	2nd
<b>MONDAY OCT. 17</b>	11:15-12:30	<b>1.1 Dementia and ID/DD</b> <i>Fred Wetzel</i>	<b>1.2 Complications of Diabetes</b> <i>Nanette Wrobel</i>		
	2:00-3:15	<b>2.1 Depression and Anxiety</b> <i>Anne Payette</i>	<b>2.2 Drug-Induced Movement Disorders</b> <i>Anne Marie Desmond</i>		
	4:00-5:15	<b>3.1 Autism – History and Features</b> <i>Jill Hamilton</i>	<b>3.2 Panel: Essential Areas of Practice – Linda Cultrara, Fred Wetzel, Karen Jarvis, Karen Bazan</b>		
<b>TUESDAY OCT. 18</b>	9:15-10:30	<b>4.1 Autism – Treatment Models,</b> <i>Jill Hamilton</i>	<b>4.2 Lab Interpretation</b> <i>Anne Payette</i>	<b>4.3 Sepsis: Recognition in the Community,</b> <i>Sara Butterfield &amp; Melanie Ronda</i>	
	11:15-12:30	<b>5.1 Decisions by Surrogates</b> <i>Sheila Shea, Susan Lettis, &amp; Laura Bevacqua</i>	<b>5.2 SDMC Program</b> <i>Stephanie Deyo and Annette Kasenko</i>	<b>5.3 Managing Pandemic Health Care Disruption</b> <i>Lorene Reagan</i>	

**NYS ID/DD Nurses Association**

PO BOX 25832

Rochester, NY 14625



## **NYS ID/DD Nurses Association**

### **Summer 2022**

We are pleased to provide you with this Summer 2022 Newsletter. This newsletter is filled with articles, updates, and announcements just for you!

**SAVE THE DATE:** NYSIDDDNA Annual Conference—October 17-18 | Albany Marriott

*Here is a quick peek at the some of the topics included in this issue:*

#### **NYSIDDDNA Annual Conference—October 17-18 in Albany**

- From the Conference Planning Chair—Page 3
- Annual Conference Updates—Page 8
- Conference Programs—Page 9
- Conference Registration Form—Page 11

#### **NYSIDDDNA Membership News**

- Membership Committee Update—Page 2
- Renewing Your Membership—Page 5
- Zone Updates—Pages 6 & 7
- How to Get Involved in NYSIDDDNA—Page 10
- List of New Members—Page 10
- Zone Map—Page 10

#### **Reports/Updates**

- President’s Message—Page 1
- DDNA Update—Page 2
- Website/Social Media—Page 4

#### **Call for Nominations**

- Nominations for Officer Positions—Page 4
- Nominations for Joyce Binder Award—Page 5

#### **Scholarship News**

- NYSIDDDNA 2022 Scholarship Recipient—Page 3

**Important Dates to Remember—Page 7**