

NYS ID/DD Nurses Association
2022 Annual Conference

CONFERENCE SCHEDULE
WITH PROGRAM DESCRIPTIONS

Monday, October 17

7:30-4:00 **Registration Table Open**

8:30-9:15 **Coffee, Tea, & Water with Light Refreshments**

9:15-10:30 **Keynote Presentation**

KEY-1 – Finding and Cultivating Your Resilience

Lise Deguire, Psy.D., Psychologist, Private Practice

What is resilience and how can we improve our capacity for it? Dr. Lise Deguire is a childhood burn survivor who overcame massive injury, disfigurement, bullying, and parental neglect to become a psychologist, award-winning author, and national keynote speaker. Learn about the mind-set of resilience (G.O.A.L.S. + M.M.) and ways to improve your capacity to bounce back from life's challenges.

10:30-11:15 **Morning Break with Exhibitors**

We encourage you to spend time visiting the many exhibitors who are joining us to share information about new products and the services they provide to enhance the care and support you provide the individuals you work with and their families.

11:15-12:30 **Concurrent Sessions (MON-1)**

MON-1.1 – Dementia and ID/DD

Fred Wetzel, RN, PhD, Certified Dementia Practitioner and Board-Certified Counselor

Dementia, especially Alzheimer Disease, is a growing issue in the I/DD population. This is partly due to increases in the lifespan of people with I/DD. We are facing serious changes in our population and challenges in how we treat this looming threat. In this presentation, information will be provided concerning diagnosing dementia in the population, including I/DD specific diagnostic tools. Treatment modalities, as well as philosophy of care, must flex to accommodate change from skill building to skill maintenance and quality of life in this "new age." Dementia also requires that DSP staff receive additional support and training from nurses to adjust both their approach and philosophy in working with this challenging population.

MON-1.2 – Complications of Diabetes in Those with Intellectual & Developmental Disabilities

Nanette Wrobel, RPh, Clinical Advisor and Educator, Tarrytown Expocare Pharmacy

This session will highlight the following potential complications of Diabetes in those individuals with I/DD: cardiovascular disease, stroke, hyperlipidemia, hypertension, blindness, kidney disease, nervous system diseases, amputation, peripheral neuropathy, and life-threatening events including Covid. Discussion of each of these complications and prevention and treatment options will be highlighted.

12:45-1:45 **Opening Lunch**

The Opening Lunch will begin with lunch served at 12:45. The lunch is included with your registration. Please bring the lunch ticket that is included with your conference registration with you. Your meal selection will be noted on your ticket.

2:00-3:15 **Concurrent Sessions (MON-2)**

MON-2.1 – Depression and Anxiety in the Primary Care Setting

Anne Payette, RN, BSN, MSN-Ed, FNP-BC, Family Nurse Practitioner, Lexington Center, Fulton County ARC

In today's world of primary care practice, including that of supporting individuals with ID/DD, there is an ever-growing need for management of common mental health challenges, including depression, anxiety and insomnia, to name a few. To compound the issue, there is a systemic lack of available mental health providers to address these challenges, leaving both initial and ongoing identification, diagnosis and management to the primary care provider. This presentation will address not only those challenges, but avenues that the primary care provider may take in partnership with the health care team of the individual to help face those challenges head on in the absence of accessibility to adequate mental health resources.

MON-2.2 – Evaluation of Drug-Induced Movement Disorders and Conducting an Assessment of Involuntary Movements

Anne Marie Desmond, NP-BC, MS, CNS, RN, Neurocrine Biosciences

Tardive dyskinesia (TD) is a drug-induced movement disorder characterized by involuntary repetitive movements, particularly in the oral, lingual, and buccal regions and associated with the long-term use of dopamine-blocking agents such as antipsychotic medications. In this workshop we will explore the characteristics and prevalence of TD. Discuss differentiating dopamine receptor blocking agent movements (DRBA) from TD and conduct an assessment of involuntary movements. Videos will help learners identify TD and differentiate other dopamine receptor blocking agent-induced movement disorders.

3:15-4:00 **Afternoon Break with Exhibitors – With Refreshments**

We encourage you to spend time visiting the many exhibitors who are joining us to share information about new products and the services they provide to enhance the care and support you provide the individuals you work with and their families. This afternoon break will include refreshments that reflect the fall season.

4:00-5:15 **Concurrent Sessions (MON-3)**

MON-3.1 – Autism – History and Features of the Diagnosis

Jill E. Hamilton, PhD, Licensed Psychologist, OPWDD Regional Office, West Seneca, NY

This presentation provides an overview of autism spectrum disorder, including the history of the diagnosis, how autism came to be viewed as a spectrum, current diagnostic criteria, and the strengths and weaknesses of different assessment measures.

MON-3.2 – Panel Discussion – Essential Areas of Practice for ID/DD Nurses

Linda Cultrara, RN; Fred Wetzel, RN, PhD; Karen Jarvis, RN; Karen Bazan, RN

The purpose of this presentation is to address some of the gaps created by the lack of education and training in nursing schools to prepare nurses to work in the field of intellectual and developmental disabilities (ID/DD). Nurses who begin working in the ID/DD field may not realize the breadth of their role and the independence required of them. The panelists will share their knowledge and expertise about three essential areas of practice, including the quality improvement survey process and methods to ensure a successful outcome; DH nursing, requirements, and best practices; and working

with administration, interacting with DSPs, and clinical and administrative leadership. While nurses new to the ID/DD field are seen as the primary audience, it is expected that all ID/DD nurses will benefit from this panel discussion. Ample time for Q/A will be allotted.

5:30 Dinner – On Your Own Tonight

If you would like to join others for dinner, come to the hotel lobby to meet others who are looking for company over dinner.

Tuesday, October 18

7:00-3:00 Registration Table Open

7:30-8:15 Breakfast

Breakfast will be served at 7:30 a.m. Breakfast is included in your conference registration. Please bring your ticket to join us for this meal. The Annual Meeting will take place in the same location as breakfast.

8:15-9:00 NYSIDDDNA Annual Meeting

The Annual Meeting is for all attendees. The NYSIDDDNA President and Board members will provide updates and upcoming plans. The election of the two open state officer positions will take place during this meeting. The meeting will begin immediately following breakfast.

9:15-10:30 Concurrent Sessions (TUE-4)

TUE-4.1 – Autism – Treatment Models and Ideas for Dealing with Day-to-Day Issues

Jill E. Hamilton, PhD, Licensed Psychologist, OPWDD Regional Office, West Seneca, NY

This presentation will provide a brief overview of different treatment models for autism spectrum disorder and will focus primarily on practical ways to deal with the day-to-day problems that may arise. There will be time for questions and discussion. Attendees are welcome to bring questions about individuals and/or situations they have dealt with.

TUE-4.2- Lab Interpretation for ID/DD

Anne Payette, RN, BSN, MSN-Ed, FNP-BC, Family Nurse Practitioner, Lexington Center, Fulton County ARC

This presentation will focus on the rationale for performing routine urine studies for individuals with ID/DD, including routine urinalysis, culture and sensitivity, urine for microalbumin creatinine ratio, and urine cytology. Topics will include the “whys and why nots,” as well as the “dos and don’ts” of obtaining routine urine studies, the rationale for each study, the potential impact of those study results, and what to do with the information once we have it, including appropriate referrals for additional management, who to refer to, and any additional follow up studies in prep that may be needed.

TUE-4.3 – Sepsis Recognition in the Community: The Importance of Early Identification and Infection Prevention Protocols

Sara Butterfield, RN, BSN, CPHQ and Melanie Ronda, MSN, RN, IPRO

Sepsis develops and progresses quickly and through increasing pre-hospital awareness of the early signs and symptoms of sepsis, improved care management can reduce sepsis related morbidity and mortality. The recognition of severe sepsis is crucial to the early diagnosis and management of sepsis, and the pre-hospital setting is no exception. Pre-hospital personnel can potentially play a vital role in improving outcomes by early identification and initiation of treatment, improving processes of care.

10:30-11:15 Morning Break with Exhibitors

This morning break will be the last scheduled time to visit with the exhibitors. Please take time to stop by to talk with the exhibitors to learn about new products and services they provide to enhance the care and support you provide the individuals you work with and their families.

11:15-12:30 Concurrent Sessions (TUE-5)

TUE-5.1 – Decisions by Legally Authorized Surrogates to Withhold or Withdraw Life

Sustaining Treatment for Patients with Intellectual and Other Developmental Disabilities in NYS

Sheila E. Shea, JD, Director, Mental Hygiene Legal Service, Third Judicial Department; Laura Bevacqua, Principal Attorney, Mental Hygiene Legal Service; and Susan Lettis, Associate Attorney, Mental Hygiene Legal Service

Twenty years after the 2002 enactment of the Health Care Decisions Act, the process by which legally authorized surrogates are permitted to make decisions to withhold or withdraw life sustaining treatment for patients with developmental disabilities remains unfamiliar to many health care providers. This presentation will explain the laws surrounding life-sustaining treatment decisions for patients with developmental disabilities and engender confidence in knowledge of legal requirements when supporting patients at the end of life.

TUE-5.2 – Overview of the Surrogate Decision-Making Committee (SDMC) Program

Stephanie Deyo, BS, LMSW and Annette Kasenko, RN; NYS Justice Center for the Protection of People with Special Needs

The Surrogate Decision-Making Committee (SDMC) program is an alternative to the court system and is authorized to provide consent for non-emergency Major Medical treatment and end-of-life care decisions for people who qualify. This presentation will provide an overview of SDMC including determining program eligibility, completing forms for Major Medical and end-of-life care requests, and preparing for a hearing. This presentation is best for people new to the SDMC process or those wanting a refresher.

TUE-5.3 – Managing Pandemic Related Health Care Disruption for People with IDD

Lorene Reagan RN, MS, Director of Public Relations, IntellectAbility

During the COVID-19 pandemic, many people missed preventive health screenings. The consequences of these gaps in health care are magnified for people with IDD because they are less likely to get the preventive health care services, have a higher incidence of chronic medical conditions, and are at greater risk for negative long term health outcomes. Participants will learn how to develop an effective strategy for addressing pandemic related health care disruption.

12:30-1:30 Lunch

Join us for an opportunity to connect with your colleagues from across New York State while enjoying a tasty lunch. Lunch is included with your registration fee. Please bring your lunch ticket.

1:45-2:45 Capstone Session

CAP – OPWDD UPDATE – A Discussion with Susan Prendergast

Susan Prendergast, RN, BS, Director of Nursing and Health Services, Statewide Services, NYS Office for People with Developmental Disabilities

In this session, Susan Prendergast, Director of Nursing and Health Services, Statewide Services, NYS Office for People with Developmental Disabilities, will discuss current guidance documents that are essential for nurses working in the ID/DD field, provide updates on the work being done by OPWDD, and address hot topics. Participants will have the opportunity to ask questions.

2:45 The NYSIDDDNA 2022 Annual Conference ends.