



NYS ID/DD NURSES ASSOCIATION NEWSLETTER

Vol. 27, Number One

Winter 2020



As we move into 2020, it's important to recognize that change can bring opportunity to our Association. I would like to welcome Linda Dudman, our new conference planner. Linda provides a new perspective to our Association and comes to us with over 18

years of conference planning experience for New York State College Health Association (NYSCHA). I would also like to thank Nancy Rutledge for assisting through this year's transition period; as always, you are a guiding voice.

Several productive meetings have occurred with Nancy Rutledge, Linda Dudman, and Linda Cultrara, our conference chair. Planning for the 2020 annual conference is underway; it will take place September 14-16th at the Albany Marriott. Note; this is a Monday-Wednesday conference due to overwhelming positive response from the 2019 conference.

We welcome the new members of the 2020 Conference Committee, and welcome back some of our seasoned members; Linda Cultrara, Chair, zone 8; Chinazo Echezona zone 7, Sean Casey and Tara Sanford-Briggs zone 3, Pat Ruckel zone 6, Karen Jarvis zone 1, Anne Payette zone 3, Fred Wetzell zone 7, and Cathy Engel zone 9&11. We would like to extend a "thank you" to Marcia Richman and Janet Boland for their years of service to the committee.

The New Nurse Curriculum Task Force has completed the curriculum listing, and it will be reviewed by members of the Executive Board at the spring April 2020 meeting. We are looking

forward to seeing it implemented as a reference tool for all nurses working with the ID/DD patient population.

Our mission is to educate nurses in the care of the individuals we serve, provide current information and developments in care, and provide learning opportunities through our annual conference and zone meetings. We know our strength is in the networking of our members. Please feel free to contact me with any suggestions, concerns, or questions.

Thank you,
Edie

edie.smith@cayuga-cc.edu

Nurses Continue to Rate Highest in Honesty, Ethics

January 6, 2020: From the website of Gallup, Inc., "For the 18th year in a row, Americans rate the honesty and ethics of nurses highest among a list of professions that Gallup asks U.S. adults to assess annually. Currently, 85% of Americans say nurses' honesty and ethical standards are "very high" or "high," essentially unchanged from the 84% who said the same in 2018.... Nurses are consistently rated higher in honesty and ethics than all other professions that Gallup asks about, by a wide margin. Medical professions in general rate highly in Americans' assessments of honesty and ethics, with at least six in 10 U.S. adults saying medical doctors, pharmacists and dentists have high levels of these virtues."

ANA President Ernest Grant, PHD, RN, FAAN said, "I am extremely proud that nurses everywhere have been bestowed this wonderful accolade by the people whose lives they touch every day. The fact that nurses have been consistently voted the most honest and ethical professionals is a testament to the public's trust."

The New York State Intellectual Disabilities/ Developmental Disabilities Nurses Association (NYSID/DDNA) was founded to promote Intellectual and Developmental Disabilities Nursing as a specialty area of practice. The Association continues to support its members' activities in nursing law, education, research and practice.

Welcome from Linda Dudman



Hello, everyone. I am writing to introduce myself to you. In January, I started my new position as the Conference Planner for the NYS ID/DD Nurses Association. Thank you to Nancy Rutledge for sharing her years of experience with

me to help me learn about your organization and about the various jobs I will be doing in support of the organization. I look forward to working with you this year and expect to meet many of you at the Annual Conference in September.

I am currently working with Linda Cultrara, Chair of the Conference Planning Committee, and the members of the planning committee to plan the 2020 Annual Conference. You will receive messages from me throughout the year as we move along in the planning process. I will also be managing the membership process. You may remember receiving a reminder about renewing your membership.

I come to the NYS ID/DD Nurses Association with conference planning experience from my almost twenty years as the Conference Planner for the New York State College Health Association (NYSCHA). Nancy and I met several years ago when we were both on the NYSCHA Executive Board. I see many similarities between the two organizations. Please do not hesitate to contact me if you have questions, suggestions, or comments. I can be reached at information@nysiddna.org.

Nursing Student Scholarship

Scholarship applications are being accepted through April 15, 2020 Guidelines may be found and printed from the web site. www.nysiddna.org

Each year up to a \$1,000 scholarship is awarded to an LPN or Direct Support Professional who is currently matriculated in an accredited RN program in NYS, is a NYS resident and intends to work as an ID/DD RN upon graduation. The Scholarship winner will be chosen from the eligible applicants by a selection committee of the NYS ID/DD Nurses Association.

Laura Musselwhite from Zone 6 was the 2019 winner.

Membership Committee

Members are the lifeblood of our organization – each of you help to keep our Association strong and have the ability to accomplish our initiatives. We can all help to increase membership by talking to nurses in other specialties about our Association, and bringing Association information to meetings that we may attend with other nurses, CEO's or others.

We can share the opportunities afforded to members:

- Opportunities to engage in networking at Zone meetings, the annual conference and online
- Opportunities to participate in learning through continuing education at the annual conference/ Zone meetings to ensure continued competency
- Opportunities to seek support from other nurses who have a wide range of expertise and experience
- Opportunities to assume leadership positions within the organization at the Zone level as well as the state level
- Opportunities to explore the latest advances and updates in the field

Membership renewals are due by April 1, 2020. Current members should have received an email reminder – if you have not received this please visit the website www.nysiddna.org to renew your membership. Nurses may join the Association at any time throughout the year, so please encourage them to visit our website. The NYS ID/DD Nurses Association Membership voted at the Annual Meeting to increase dues to \$50 full membership and \$30 associate. This is a \$5 increase for full members and brings associate dues up to the cost of providing the membership.

Many thanks to all of our members for all that you do every day!

New members since the last newsletter are:

- Zone 4: Nicole Ayotte and Loretta Brzac
- Zone 6: Susan Papszycki and Sara Desiderio
- Zone 7: Akhmed Abdurasulov
- Zone 11: Kimberly Hansen, and Amanda Wiedrick

*Cathy Engel, BSN, RN, CDDN
Membership Committee Chairperson*

Hudson Regional LTC Pharmacy Scholarship for RN to BSN

Hudson Regional LTC Pharmacy will offer a \$1000 scholarship to a nurse working in NYS in the field of intellectual/developmental disabilities nursing, matriculated in a program toward a bachelor's degree in nursing. NYS ID/DD Nurses Association will appoint a selection committee for the scholarship from among its members and will make a recommendation to Hudson Regional LTC Pharmacy regarding whom to award the scholarship. Hudson Regional LTC Pharmacy will provide the scholarship directly to the recipient.

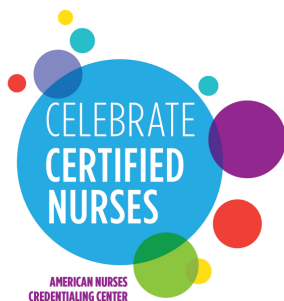
An eligible applicant is:

- An RN or LPN who is currently working in the intellectual/developmental disabilities field, and
- Is currently matriculated in an accredited baccalaureate in nursing RN program, and
- Is a New York State Resident, and
- Intends to work as an ID/DD RN in New York State upon graduation.

To apply: Submit a resume describing your educational and work experiences and an essay of not more than 500 words explaining your future educational plan and professional goals. Include a description of educational and related costs not covered by other scholarships, employer reimbursement, or financial aid. Submit proof of current matriculation in the RN program.

Applications must be received by April 15. The scholarship will be awarded at the NYS ID/DD Nurses Association's annual conference Fall 2020. Send application letters to:

Scholarship Committee
NYS ID/DD Nurses Association
P.O. Box 25832
Rochester, NY 14625



**Congratulations
CDDNs!**

**March 19 is
Certified Nurses
Day**

SPOTLIGHT on Coronavirus (COVID-19)

As we go to press with the newsletter, the country is facing the Coronavirus Disease "Outbreak" - the CDC has not yet labeled it a pandemic. The novel (new) coronavirus that was first detected in China has now been detected in 60 locations internationally, including in the United States

For up-to-date information, visit <https://www.cdc.gov/coronavirus/2019-ncov/index.html>

Maureen Gavin RN-BC CDDN

WEBSITE and SOCIAL MEDIA REPORT

Twitter <https://twitter.com/nysiddna>
LinkedIn https://twitter.com/dd_nys
Facebook NY State ID/DD Nurses Association
Website www.nysiddna.org

The website covers a lot of different aspects of the NYSID/DD Nurses Association so take the time to go through the menu and see what is there. If there is any information you'd like to see added please let us know. It is time for membership renewal and you can go directly through the website per paypal or download a copy to print if you prefer to send it in on your own. Not having to send reminders per mail saves the association money. Online you can choose to sign up for just one year or make it an annual renewal.

Pay attention to the Scholarship information and Joyce Binder award nomination form.

The website is a benefit of your membership so check there for information to help you in your work and keep informed on new sources of knowledge. Stay tuned for more on the fall conference.

New material can be added by Trish Potocar tpotocar@slnysarc.org or Linda Dudman information@nysiddna.org.

We welcome any suggestions or things you would like to see.

Facebook continues to grow in viewers. If you have trouble finding it, simply go to the website and click on the "f" on the homepage. It will take you directly to our facebook page. Help us spread the word. Visit the facebook page and do a "like" and the feed will be connected to your personal facebook page. If you have a question to put out to the membership, news on any member and/or photos please send to tpotocar@slnysarc.org or kjarvis@slnysarc.org.

tpotocar@slnysarc.org
Trish Potocar, RN,
Website Chairperson

Zone Reports

Zone 1-(St. Lawrence, Franklin, Clinton and Essex Counties)

Zone 1 holds meetings 3-4 times a year. Usually in March, June and October. Some summer meetings have also been held. Upcoming for Zone 1:

3/20/20 11:00 Zone meeting

Speaker: Kirk Robinson, MHLS

Topic: A Person's Right to Refuse Services and the Nurses Responsibilities/ Plus update on MOLST and Hospital DNR's

6/5/20 11:00 Zone meeting

Speaker: Fred Wetzel, Ph.D., LNC, NCC, CDP

Topic: Legal and Ethical Aspects of Nursing Supervision and Documentation/Avoiding Med Errors

Any members of Zone 1 please contact Trish Potocar tpotocar@slnysarc.org 315-353-6618, Karen Jarvis kjarvis@slnysarc.org 315-353-6618 or Marty Gleeson mart.4950@gmail.com for more information.

Trish Potocar

Zone 2-(Jefferson, Lewis, Oswego, Onondaga, Oneida, Madison and Herkimer Counties)

For information regarding Zone 2 meetings and activities, please reach out to Iellan Rice irice@elmcrest.org or Melissa Britton RN, CDDN mbritton@liberty-resources.org

Zone 3-(Hamilton, Fulton, Warren, Washington and Saratoga Counties)

On November 18th, 2020 zone 3 held a zone meeting. Topics of discussion primarily included ways to increase membership and participation.

Tara Sanford, RN and Sean Casey, RN have agreed to co-chair the zone and will work with Anne Payette to transition zone responsibilities.

Our next zone meeting will be in April/May 2020 with location, time, and speaker to be announced.

Sean Casey, RN, CDP,
Co-Chair

Zone 4-(Montgomery, Schoharie, Schenectady, Albany, Otsego, Delaware, Greene, Rensselaer and Columbia Counties)

Spring is in the air!!! Zone 4 continues to be an active group with our many educational opportunities offered at our quarterly meetings. In December 2019 we had our Holiday Luncheon which was held at Reel Seafood Co. in Albany.

Elections of new officers were voted on with the following new officers for 2020 – 2022: Secretary: Carol Krueger, Chair Person: Lindsay Parker and Treasurer: Mary Boisvert. Thank you to all our officers who served Alyson Ligon – past secretary, Carol Krueger – past Co - Chair and Julie Heneka – past Treasurer, also Congratulations to our new officers we look forward to working with everyone!

In March 2020 we traveled to Wildwoods and SDMC presented to us on some challenging case studies. In our coming months (dates to be determined yet) in June 2020 – ARC Otsego will be hosting, August/September 2020 – Springbrook will be hosting – Guest speakers and dates will be announced at a later time for June and August/September months, then December 2020 will be our holiday luncheon also TBA. Look for further details as we finalize our plans for the rest of the year for 2020. Please reach out to me (contact info below) if you are interested in attending one of our zone 4 meetings/presentations.

Carol Krueger – Zone 4 – Secretary
kruegerc@springbrookny.org or
greenfroggy38@yahoo.com (cell # 607 – 287 – 7548)

Zone 5-(Sullivan, Ulster, Dutchess, Orange, Putnam, Rockland and Westchester Counties)

We are still trying to get a meeting together for the end of this March. Information will be sent out when available. We are especially hoping to reach out to members in the counties above Rockland. Even if you are unable to attend the meeting, please reach out to me and we will plan a meeting in your area of the Zone.

Madlyn Vaillancourt
rtgomd@optonline.net 845-825-1305

Zone 6-(Nassau and Suffolk Counties)

Hi from Zone 6 and look forward to spring time that is almost upon us. ☐ Our holiday meeting was held again at Jake's 58 Casino where a good time was had by all. Dinner was followed by a night of gambling and we even had a few winners. Upcoming meeting for March will be hosted by UCP Suffolk and our guest speaker will be Steve Asofsky, MA, CCC-/SLP/TSHH who will be presenting on the hot topic of Dysphagia 201: Beyond the Basics. Joining him will be Karen, a representative from Simply

Zone Reports con't

Thick. The June meeting will meet the required annual Diabetes update and our guest speaker will be Jessica Schreck, RD, CDN, CDE, Family Health and Wellness Program, Diabetes Education Program Manager from the Cornell Cooperative Extension of Suffolk County. Our membership drive continues and we welcome new members. We encourage all current members to share the meeting details with co-workers and colleagues who may not be part of the association but might want to join. Stay tuned for the rest of our scheduled meetings.

Patricia Ruckel
PRuckel@phpcares.org

Zone 7-(New York, Richmond, King and Queens Counties)

Watch your email for announcements of meetings. Doris Figueroa, Chairperson, and Ascuncion Muyalde, Treasurer, will represent the zone at the NYS ID/DD Nurses Association Executive Board meeting in Syracuse later this spring.

Doris Figueroa, Chairperson
dfigueroa@sus.org

Zone 8-(Niagara, Orleans, Genesee, Wyoming and Erie Counties)

Zone 8 continues to meeting quarterly. We meet the second Wednesday of the month in January, April, July and October. Meetings are held at our Aspire day-hab building in room 200. We start at 4:30 pm with a complimentary meal followed by an in-service. Our January meeting was our "Holiday" gathering and gift exchange which was nicely attended. We enjoyed meeting some new faces and networking! Our April 8th meeting was with Sheryl Montanari from UCB presenting on a new medication for cluster seizures: Nayzilam. The July speaker will be announced at a later date. See you there!

Linda M. Cultrara, BSM, RN

Zone 9 & 11- Zone #9 (Chautauqua, Cattaraugus, Steuben and Allegany Counties) and Zone #11 (Monroe, Wayne, Ontario, Livingston, Yates and Seneca Counties)

Zone 9&11 will meet on Tuesdays, 1-3pm; April 28th, June 9th, and October 13th at Starbridge Inc. in the Rochester area. We are currently looking for a new zone treasurer; anyone interested can contact Edie Smith, zone secretary, or Mary Ellen

Stambersky, zone president. The zone officer positions of secretary and chair are up this year, and we are seeking any interested in members.

Scheduled Speakers for 2020: April 28th: Sue Korpeck MA, RN, from CP Rochester's Augustin Children's Center will speak on tube feedings. June 9th: Amy L. Stacy, MS, RD, CDE, CDN, RRHS Diabetes and Endocrinology. Amy L. Stacy is a Registered Dietitian, Certified Diabetes Educator and Certified Pump Trainer. She has her bachelor's degree from Cornell University in Nutritional Sciences and her master's degree from SUNY Brockport in Health Education.

DDNA UPDATE 2/2020

The 28th Annual Developmental Disabilities Nurses Association Annual Education Conference will be held in Baltimore April 24 - 27, 2020. A full day Pre-Conference will be on Friday, April 24th. The Conference will be held at the Baltimore Renaissance Harborplace Hotel, with a room rate of \$169/night for conference attendees. Two concurrent sessions will be offered at the Pre-Conference:

5th Annual Certification Boot Camp: Key Concepts in Certification Preparation
Full-day plenary sessions - "Shining the Light on the Dark Side of DD"

Saturday's sessions will feature presentations by Barb Bancroft MSN, RN related to "Surviving DD Nursing" and "Physical Assessment Across the Lifespan"; Craig Escude MD discussing the "History of Health in DD" and Ashley Kim focusing on advocacy. A "Poster Showcase" will also be available on Saturday.

Tracks will be offered on Sunday's presentations related to:

Advancing Education and Technology
Accelerating Advocacy Across the Lifespan
Enhancing Clinical Practice
Understanding Neurodevelopmental Syndromes

An additional CE offering "Mortality Review: A Quality Improvement Process" will be available for conference attendees on Sunday evening.

Monday's presentations include "Everything To Know About Medications" with Nanette Wrobel BS, RPh.

The Certification Exam will be offered at the Conference on Monday, April 27 at 2:00 p.m. For more information and to register for the Conference, please visit the DDNA website: ddna.org

Joyce Binder Memorial Award Nomination

The Joyce Binder Memorial Award is given to an outstanding NYS ID/DD Nurses Association member who has made a significant contribution to advancing the practice of supporting individuals with ID/DD through the demonstrated attributes of caring/compassion, advocacy, mentoring, leadership, dedication, education/ research.



Name of Nominee/Title: _____

Experience of Nominee: _____

Nominee is a member of NYS ID/DD Nurses Association as of August 1 of the application year?
_____ Yes _____ Unknown

Describe how this nurse has/will change the quality of life and has made a positive impact for the people he/she supports: *Type in the box below or attach a brief typed summary of explanation*

Attributes this nominee has demonstrated, in at least 150 words: *Type in the box below or attach a brief typed summary of explanation*

Nominating Person/Relationship to Nominee: _____

Contact Information: _____

E-mail Address: _____ Phone: _____

Please submit this completed application by mail by August 31 to:

NYS ID/DD Nurses Association
PO BOX 25832
Rochester, NY 14625

New York State ID/DD Nurses Association, Inc. 2020 Membership Application/Renewal Form

New Members - Complete all information. **Renewing Members** - Complete only name and changes.
Check all that apply:

New Member (full membership) Renewing Member Associate Member*

Name _____

RN LPN RN Student LPN Student

Do you hold CDDN? yes no

Nurse License Number _____

Home Ad-
dress _____

City, State, _____

Zip _____ County _____

Home Telephone _____ Email _____

Work Site/Agency Name _____

Work Address _____

City, State, Zip _____ County _____

Work Telephone _____ Email _____

School Attending (associate member only) _____

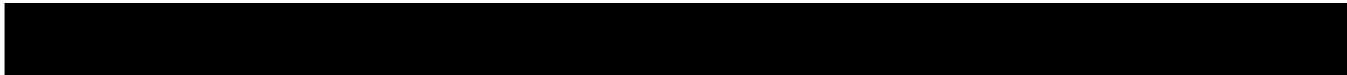
SEND ALL MAILINGS TO: HOME WORK

**ANNUAL MEMBERSHIP FEE (Membership Year is April 1-March 31):
Full Membership \$50 Associate Membership* \$30**

* Associate members are full time RN or LPN students or inactive (retired or unemployed), and are non-voting members. Associate members are not LPNs or RNs.

Make check/money order payable to NYS ID/DD Nurses Association, Inc.
Mail application and payment to: PO BOX 25832 Rochester, NY 14625

NYS ID/DD Nurses Association
PO BOX 25832
Rochester, NY 14625



SAVE THE DATE!!

Conference 2020

**Albany Marriott
September 14-16, 2020**

Please note this is Monday—Wednesday

Watch the web site for early details when they become available.

Registration rates have not yet been determined but the hotel room rate will be \$129.00 plus tax, single or double. (\$10 less than last year!)